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TITLE

: FOOD CONTAINING FRUCTOSE POLYMER

ABSTRACT :

PURPOSE: To obtain the subject food having excellent gelling characteristics, etc., and containing little oil and fat, sugar, etc., from a food compounded with a gelling raw material, a low-calorie sugar and oil and fat by substituting the gelling raw material, the low-calorie sugar and the oil and fat of the food with a fructose polymer.

CONSTITUTION: The objective food is prepared by using a food (e.g. cream, ice cream, chocolate, bread and sausage) compounded with one or more kinds of a gelling raw material and/or a thickener (e.g. gelatin, gum and starch), a low-calorie sugar, a sweetener having high sweetness (preferably aspartame) and oil and fat (e.g. fresh cream, cream cheese and butter) as starting raw material and substituting a part or total of the gelling raw material, the low- calorie sugar and the oil and fat of the starting food with a fructose polymer (composed mainly of a polymer containing fructose bonded to the fructose- residue of sucrose through β-2,1 bond and having a molecular weight of preferably 10,000 to 15,000,000).

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